## **Practical information:**

| Venue<br>Oslo Military Sociaty | <b>Oslo Military Sociaty</b> is situated in the city centre of Oslo, Myntgaten 3. Entrance in Kongens gate. There is Internet access in the building.   |
|--------------------------------|---|
| Oslo Gardermoen Airport        | <b>Oslo Gardermoen Airport (OSL)</b> is situated north of Oslo, approximately 50 kilometres from Statistics Norway. For further details: <u>www.osl.no</u>  |
| Transport                      | <b>Airport Express Train (www.flytoget.no)</b> runs from the airport to Oslo S (Central train station) every 10 minutes and is the fastest transportation from the airport to the city centre as it only takes about 20 minutes. The price per October 2007 is NOK 165.   |
|                                | <b>Airport Coaches ( www.flybussen.no)</b> run from the airport to bussterminalen (the bus terminal) every 20 minutes and take about 40 minutes. The price per October 2007 is NOK 130.   |
|                                | <b>Airport Taxi</b> to the city centre costs around 650 NOK. Make sure to specify that you want an airport taxi, which gives you a fixed rate.  |
| Hotels                         | <ul> <li>Information on hotel booking is given in your confirmation letter. For more information about the hotels:         <ul> <li><u>Thon Hotel Cecil</u><br/>Single-room NOK 1235,- a night, breakfast included.<br/>Booking by phone 47 23 31 48 00, the ref. number 3941300.</li> <li><u>Thon Hotel Spectrum</u><br/>Single-room NOK 945,- a night, breakfast included.<br/>Booking by e-mail : <u>spectrum.booking@thonhotels.no</u></li> </ul> </li> </ul> |
|                                | <ul> <li>and state the ref.number 3327220.</li> <li><u>Clarion Hotel Royal Christiania</u><br/>Single-rom NOK 1495,- a night, breakfast included.</li> </ul>  |
|                                | <ul> <li>Booking by phone: 0047 23 10 80 90 and state ref. number 15330.</li> <li><u>Rica Hotels</u><br/>Single-rom NOK 1115,- a night, breakfast included.<br/>Deadline for hotel booking is 12 March 2008.<br/>Booking by phone 0047 24 14 70 00 and state ref. number 115545.</li> </ul>   |
| Weather                        | In the end of April it is spring in Oslo. Variable weather with temperatures between approx. five to fifteen degrees (Celsius). We recommend some warm clothing and sturdy shoes.   |
| Language                       | Most Norwegians speak English and there should generally not be a problem to get in contact with people.  |
| Price rate                     | Many visitors find Norway expensive. Due to high taxes, wine, beer and<br>other beverages are expensive compare to most other countries. However, it<br>is possible to find good places that offer meals at lower prices. We will give<br>you some alternatives when you arrive.  |
| Money                          | Banks are open from 9am to 3.30pm. All standard credit cards are accepted in the shops and there are cash dispensers on almost every corner. The local currency is Norwegian Kroner (NOK) 100 NOK = 12, 5 euro  |
| Smoking                        | Smoking indoors is forbidden in public places in Norway, and this must be respected.  |
| Shops                          | Shops in the centre of Oslo are generally open from 10am to 5pm, but shopping centres are open until 6pm or 8pm.  |